

Walk Like an Elephant



Walk like an elephant

nice and slow.

Swing your arms

to and fro.

Breathe in **deep** through

your long, long nose

and **breathe** like the **elephant**

here we go.

Walk like a hippo

on hands and knees.

One foot first, then

another foot please.

Breathe in deep with

your **head down low**

and **breathe** like the **hippo**

here we go.

We're breathing, breathing.

Breathing nice and slow.

Breathing, breathing.

Breathe like the animals.

Here we go!

Walk like a zebra

on knuckles and knees.

Head held high

walk with ease.

Breathe in deep your

stripes on show

and **breathe like the zebra**

here we go.

We're breathing, breathing.

Breathing nice and slow.

Breathing, breathing.

Breathe like the animals.

Here we go!

Walk like the **animals**

round we go.

Once more now

nice and slow.



Breathe in deep and

let it all go

and breathe **like the animals**

here we go.

Breathe like the animals

Here we go!

© Jeannine Proulx 2008

www.melodies4kids.com