

Thank You Song - Family Art Activity

Family Gratitude Boxes



Life gets so busy. This project creates a safe, easy way to communicate gratitude with each other!

(Try writing gratitude notes about child while they are throwing a tantrum! It helps!)

Directions:

1. Draw name on piece of paper.
2. Color pieces of paper with shapes or just color how you wish!
3. Rip or cut up paper.
4. Glue onto your individual box.
5. Glue the name paper on each individual box. Let dry.
6. When inspired, put thank you notes, love notes or gifts to each other in the boxes!

Curious Questions

- ~ What are you grateful for about each person, about your life, about your family?
- ~ Are there things that your family members do that make you smile?
- ~ What other things are you grateful for in life? (House, food, school, car, relatives, friends?)