

# The Melody Method™

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## Expression



Today we are  
**Expressing Ourselves!**  
Can you?

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Teaching the names and genres of famous painters, Expression encourages the freedom to be an individual in a wavelike rocking rhythmic song that brings to light the creativity of the Masters, teaching positive self expression through art in whatever form, genre, shape or place it shows up in life. Art truly is the honest expression of the self. This song reminds us all that We are Best When We Express Ourselves!