

# The Melodies in Motion™

## Song Lyrics

### Walk Like the Elephant

---

#### Walk Like the Elephant

Walk Like the Elephant  
nice and slow.  
Swing your arms  
to and fro.  
Breathe in deep through  
your long, long nose  
and breathe like the elephant  
here we go.

Walk like a hippo  
on hands and knees.  
One foot first, then  
another foot please.  
Breathe in deep with  
your head down low  
and breathe like the hippo  
here we go.

We're breathing, breathing.  
Breathing nice and slow.  
Breathing, breathing.  
Breathe like the animals.  
Here we go!

Walk like a zebra  
on knuckles and knees.  
Head held high  
walk with ease.  
Breathe in deep your  
stripes on show  
and breathe like the zebra  
here we go.

We're breathing, breathing.  
Breathing nice and slow.  
Breathing, breathing.  
Breathe like the animals.  
Here we go!

Walk like the animals  
round we go.  
Once more now  
nice and slow.

Breathe in deep and  
let it all go  
and breathe like the animals  
here we go.  
Breathe like the animals  
Here we go!

© Jeannine Proulx 2008